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# Children's Asthma The Practical Guide (Practical Children's Asthma Book 1)



## Synopsis

There are lots of leaflets, booklets and webpages out there for parents of children with asthma, so what is different about this book? Well, sometimes all the talking and reading doesn't explain things as well as we need. We need real life scenarios and practical advice, not theory. I have spent many years working face to face with families. They have seen so many people and read so much information but still needed practical support. A lot of the help out there is very good and accurate and tells you WHAT to do. I will help you to understand WHY you are doing it, and HOW to do it. The understanding and practical tips are the difference, and the keys to success. I have been a Clinical Nurse Specialist in Children's Respiratory conditions, since 2004. I lead the Children's Asthma Nursing Service and work with families on a daily basis. Whether in clinics, on the phone or in the children's ward, my role is to troubleshoot and find out what everyone else has missed. What I always say to families at this stage is that I can't ask you to trust me now, but stay with me. Listen and follow this practical advice, then judge if you trust me. I've seen a lot over the years. I'm not a specialist in adults, or diabetes, or heart attacks, but I'm good at this

## Book Information

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